



connections
ON QUEENS



















Weekly Features

May 12 - 16, 2025



London

Prices and menu items subject to change.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:00 - 10:00	Bagel BELT now available daily!				
Lunch 11:00 - 1:30	 BBQ Plate Alabama Chicken or Pinto Beans with Coleslaw & choice of 2 (cornmeal muffin, Potato & egg salad or green beans) \$10.25 BBQ Chicken Sandwich - \$7.65	Country Meatloaf Roasted potatoes Green beans \$9.50  BBQ Plate Carolina Pulled Pork or Pinto Beans with Coleslaw & choice of 2 (cornmeal muffin, Potato & egg salad or green beans) \$11.05 Pulled Pork Sandwich - \$8.25	Mexican Beef Lasagna With garlic bread \$5.95  BBQ Plate Alabama Chicken or Pinto Beans with Coleslaw & choice of 2 (cornmeal muffin, Potato & egg salad or green beans) \$10.25 BBQ Chicken Sandwich - \$7.65	 Chicken Pot Pie Served with gravy & mixed greens \$9.75  BBQ Plate Carolina Pulled Pork or Pinto Beans with Coleslaw & choice of 2 (cornmeal muffin, Potato & egg salad or green beans) \$11.05 Pulled Pork Sandwich - \$8.25	  Access Code: LONCL  
	Buffalo Chicken Wrap crispy chicken, tomato, lettuce, mayo, buffalo hot sauce \$9.65 Tater Tot Nachos cheese, salsa, sour cream, green onion, jalapeno \$8.25	Kicked Up Grilled Cheese 4 cheeses with crispy onion & garlic herb mayo on focaccia \$8.95 Tater Tot Nachos cheese, salsa, sour cream, green onion, jalapeno \$8.25	Maple Bacon Burger Maple bacon BBQ sauce, cheddar, caramelized onions, bacon, lettuce, tomato \$8.75 Curly Fries \$3.75	Three Cheese Spinach Dip With garlic pita and nacho chips \$7.48  Curly Fries \$3.75	Loaded Waffle Fries Taco beef nacho cheese salsa sourcream \$8.50 each Waffle Fries \$3.75
	 Access Code: LONCL	Pepperoni Calzone Vegetable Calzone With marinara sauce parmesan cheese \$6.75	Deluxe Calzone Vegetable Calzone With marinara sauce parmesan cheese \$6.75	Deluxe Calzone Vegetable Calzone With marinara sauce parmesan cheese \$6.75	 Access Code: LONCL
	Try one of our local favourites: <i>Chicken Sandwich, Egg Salad Sandwich, Roasted Turkey Breast Sandwich</i> Or build your own with from our protein offerings of <i>Chicken, Turkey, Roast Beef, Bacon, Ham, Salami, Falafel, Egg Salad, Tuna Salad</i> Add your favourite vegetables including <i>Tomato, Peppers, Cucumber, Lettuce, Onions, Pickles, Olives</i> Don't forget cheese and your favourite sauces <i>Dijon Mustard, Mayo, Ranch, Hummus, BBQ Sauce, Tzatziki, Sriracha</i> Looking to spice things up?! Try this month's limited time offer. Featuring <i>Grilled Zucchini</i> and <i>Green Goddess Dressing</i>				
 RED KETTLE SOUP	 Chicken Tortilla \$3.25	Cream of Tomato \$3.25	Chicken Noodle \$3.25	 Wonton Soup \$3.25	Beef Barley \$3.25